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#### Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book. (Kade Ankunding)

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Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1913 Excerpt: .will be no scientific reason for the use of animal diet by man. The best reason for it will be in case of emergency ration. The question of taste is a thing of acquired habit. Animal food has a high flavor and will appeal to the nostrils and palate, but it is not more nourishing or strengthening by reason of its savory taste. Animal food is more expensive, difficult to preserve and transport, and dangerous if not fresh killed. The lion and wolf depends on animal food exclusively, or nearly so, for the reason of inability to get different food. The elephant and ox feeds exclusively on plant food. Man will experiment to find what is pleasant, favorable and convenient for health, regardless of the animal. What the animal eats will be neither a reason for or a reason against what man will prove by experiment to be best as diet. Man has power of choice, and will determine what is for his best interest by experiment. I am not concerned at this time with sentiment. It is a question of what food is favorable and complete for man. I have explained that from a scientific consideration man will derive every element (carbon, oxygen, hydrogen, nitrogen, sulphur, phosphorus and tissue salt) from cereal and vegetable, fruit and nut. Animal food can supply nothing new or different, except in smell and taste. With skill in preparation plant food will not suffer in flavor or smell. It will...

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